





### **Game Breaks**

#### **Active Online Safety**

Select a few each time you play a game Relate game to an app / online game Agree action for each type of Game Break Build up the class 'repertoire'!

### **Bed-Time**

It is an hour before bed-time.

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### 30 minute break

You've been sat still playing a game for 30 minutes.

Stretch and Move.









### Kindness break

You have seen a mean comment in the chat.

Help your friend.





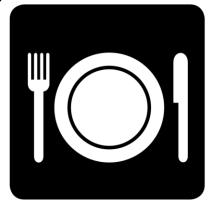




### Mealtime break

It's time for a meal.

Put your technology away.



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### Friend break

Time to do something with someone else

Find someone to do something with.











# Family break

Time to do something with your family

Find something to do together.











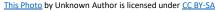


# **Security break**

#### Somebody you don't know has contacted you

Check your settings with a trusted adult.













# Stop Meanness break

Somebody said or did something mean or rude.

Decide: Shrug, Tell, Report, Block.















## **Activity break**

You've spent a long time playing a game.

Find something else to do.















# **Privacy break**

A game is asking for your personal information.



Check what you should do with a trusted adult.









### Download break

The game you are playing asks you to download an update.



Show a trusted adult.









# Age rating break

Your friend has asked you to play a game that is designed for older players.

Find a polite way to say no.











# Pop-up break

A message has popped up in the middle of a game. It says you can win lots of money.



Don't click on the link! Show it to a trusted adult.













# In-app Purchase break

Your game wants you to buy something.



Don't click on the link! Show it to a trusted adult.











### Ad break

That Vlogger is making money by showing a product in their video.



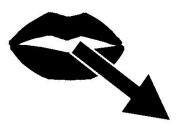
You spot the advertising and don't let it persuade you that you need something.











### Talk break

Time to chat with a trusted adult. Tell them about what you do with your device.

Show them how to play a game you enjoy. Show them who you chat with.







